

# ZAKIR HUSAIN DELHI COLLEGE (EVENING) (UNIVERSITY OF DELHI)



**PRESENTS**



# ANNUAL SPORTS MAGAZINE



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# SPORT'S MAGAZINE

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**Prof. Narendra Singh  
(Principal)**

Prof. Narendra Singh, the esteemed Principal of Zakir Husain Delhi College (Evening), has been a driving force behind the college's Sports Activities. As a dedicated leader and passionate supporter of sports, Prof. Narendra Singh has played a pivotal role in shaping the college's athletic programs. His leadership, enthusiasm, and unwavering support for both academics and sports have earned him respect and admiration from students, faculty, and the wider community. Prof. Narendra Singh has had a remarkable career in education and sports. He holds various academic qualifications, and his expertise extends beyond the classroom, deeply influencing the college's sports programs. Before becoming the principal, he held numerous positions that allowed him to contribute significantly to both educational and extracurricular growth.

Under his leadership, Zakir Husain Delhi College (Evening) has achieved outstanding success, particularly in sports this year. Prof. Narendra Singh has been a main pillar of the institution, offering continuous support to students and faculty alike. One of his most notable contributions has been the revitalization of the college's sports programs. Recognizing the importance of physical education, he worked tirelessly to improve the sports activities in the college, inviting experienced coaches and creating training and trials programs. The success achieved by the college in various inter-college and inter-university sports competitions is a direct result of his efforts to promote athletic talent.

Prof. Narendra Singh's influence extends far beyond the college. His enthusiasm for sports has inspired a sense of community and well-being among students. He has always believed in the importance of balancing academics with physical fitness, encouraging students to take part in various sporting activities. His own passion for sports is not just professional but personal as well—he is an accomplished cricket and badminton player. His participation in college events, where he actively plays and demonstrates his skills, has served as both an inspiration and motivation for students to excel in their chosen sports. One of his most inspiring habits was taking the time to interact with every student during sports events, often going the extra mile by shaking hands with each one, offering words of encouragement and motivation that left a lasting impact on their confidence and performance.

What stands out about him is his positive attitude and boundless enthusiasm. He is a leader who leads by example, and his approachable demeanor has created a sense of trust and respect among students and staff. Whether it's through mentoring aspiring athletes or offering advice to those navigating their academic journeys, his influence is felt in all aspects of college life. His open-door policy encourages students to voice their concerns, ensuring a supportive and inclusive environment at the college. Despite the challenges that come with managing a large institution, he has remained resilient and dedicated. The obstacles he faced—whether it was budget constraints or the challenges of balancing academics with extracurricular activities—have only motivated him to find creative solutions that benefit the entire college community. Under his leadership, the college has continued to thrive, especially in sports, where it now enjoys a strong reputation for fostering top athletic talent.





One of the strongest pillars, who has demonstrated exceptional leadership and dedication in reviving and promoting sports activities within the institution. Miss Sunita, being a student of Motilal School of Sports, Rai, Sonipat, Haryana, was a gymnastics player at school level. And position holder at state level. She played various intercollege sports and held positions in different sports during her college days. She also served as posts house captain at her graduation level. Her sportsmanship and love for sports has made it possible to resume the sports activities in the institution .

Her proactive approach led to the organization of various sports competitions that not only showcased the talents of participants but also instilled a sense of hard work, teamwork, discipline and sportsmanship. Under her mentorship and guidance, our institution has rebuilt its different sports teams, which are given as follows:

Badminton (Men & Women), Table Tennis (Men& Women), Carrom, Chess, Football (Men), Cricket (Men), Kabaddi. (men), Volleyball. (Men), Boxing (men), Judo. (Woman) Athletics, like shot put, throw, etc.

Under her presence and ideas, our institution has conducted Intra College Sports Meet on 5th and 6th of March 2025 and Teacher Sports Meet on 24th and 25th March 2025. These meets consisted of various sports which encouraged many hidden talents and finally, all our faculty members built a creative spirit of self-belongingness and collectiveness.

Her immense ability to inspire and guide others has been very efficient in creating and bringing up our lost sports culture into work again. We express a heartfelt gratitude for her invaluable contributions to the institution's sports program. The efforts have significantly enriched the lives of many and set the benchmark for excellence in sports management.



**Sunita Yadav  
(Convenor)**

The sports committee is essential in nurturing athletic achievement, coordinating events, and encouraging sportsmanship throughout the institution. Its contributions have been particularly significant in organizing campus events. The Sports Committee consists of 6 members (including convener): -

Ms. Sunita Yadav (Convenor) :	Department of Commerce
Dr. Ankush Bhargava	: Department of Commerce
Dr. Vikash Ranjan Singh	: Department of History
Dr. Shreeta Mukherjee	: Department of Bengali
Ms. Meenakshi Sharma	: Department of English
Mr. Varinder Kumar	: Department of Commerce

The committee members are exceptionally supportive. Their ongoing engagement and encouragement play a significant role in the seamless execution of sports events here. The sports committee's contributions are essential for the development and success of athletics within the institution. We eagerly anticipate further collaboration and accomplishments ahead.



**Sports  
Committee Members**











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# TEAMS

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## Football

Zakir Husain Delhi College Evening has had a glorious history of football game. This game is a physically demanding sport that requires agility, endurance, and strength. Participating in football helps students stay active and promotes physical fitness, which is essential for overall health and well-being.

The ZHDCE College football team, consisting of 20 dedicated players has been making strides in competitive football. They recently showcased their talent in the Delhi University Inter-College Sports Tournament in which we defeated the team of DCAC with the score of 2-1, followed by an impressive performance at the LSR College Sports Meet.

With relentless hard work, determination, and teamwork, these athletes are striving to elevate the football scene at ZHDCE College and this was only. Their commitment and passion promise a bright future for the sport, inspiring upcoming players and strengthening the college's sporting legacy.

**"United we play, united we win! With passion in our hearts  
and determination in our game, the future of ZHDCE football  
shines brighter than ever!"**

## Cricket

Zakir Husain Delhi College Evening has a rich legacy in cricket, a game that blends skill, patience, and strategic thinking. Cricket not only enhances physical fitness but also sharpens mental focus and decision-making abilities. The sport requires players to stay disciplined, adapt to changing situations, and perform under pressure, qualities that prove valuable beyond the field. Being part of a cricket team fosters a strong sense of camaraderie, as teamwork and mutual trust are essential for success.

The cricket team of ZHDCE College, consisting of 18 talented and hardworking players, has showcased remarkable enthusiasm and dedication in the sport. They proudly represented the college in the Delhi University Inter-College Sports Tournament, competing against some of the finest teams in the circuit.

Following their spirited performance in the DU tournament, the team further displayed their skills in the Sports Meet of Bhaskaracharya College, demonstrating resilience and teamwork. With their unwavering commitment and passion for the game, the ZHDCE cricket team continues to strive for excellence, making their college proud with every match they play.

**"With passion in their hearts and determination in their  
game, the ZHDCE cricket team continues to chase excellence,  
one match at a time."**





# Volleyball



# Kabaddi







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# TEAMS

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## Volleyball

An exciting volleyball match was held at PGDAV College as part of the Delhi University Inter-College Sports Tournament. The face-off was between Zakir Hussain Evening College and Maharaja Agresen College. The match drew a good crowd of enthusiastic students and supporters from both colleges.

Zakir Hussain Evening College, led by their captain Hesham, entered the game with great energy and determination. The team showed commendable coordination and gave a strong fight to their opponents. However, despite their spirited performance, Zakir Hussain Evening College fell short, and the final score stood at 0-2 in favor of Moti Lal Nehru College.

Captain Hesham played a crucial role in keeping the team motivated throughout the match. His leadership on the court was visible in the way the team maintained their morale and teamwork, even as the competition intensified. The players from Zakir Hussain Evening College tried their best in both attack and defense, showing some strong serves and blocks, but Maharaja Agresen College proved to be more consistent and effective in converting points.

The match served as a valuable learning experience for the Zakir Hussain Evening College team. They showed potential and sportsman spirit, which are key qualities in any sport. With more practice and experience, the team is expected to come back stronger in future matches..

## KABADDI

Zakir Husain Delhi College Evening takes immense pride in its Kabaddi team, a symbol of resilience, strategy, and sheer physical prowess. This high-intensity sport demands not just strength and agility but also tactical intelligence and quick decision-making. Kabaddi instills in players a warrior-like spirit, where determination, courage, and mental toughness are key to outmaneuvering opponents.

The game thrives on unity and synchronization, reinforcing the values of trust, coordination, and unwavering teamwork. Beyond the mat, balancing rigorous training with academics cultivates discipline, focus, and perseverance, molding students into determined individuals ready to tackle any challenge, both in sports and life.

The Kabaddi team of ZHDCE College, consisting of 12 skilled players, participated in the Delhi University Inter-College Sports Tournament with great enthusiasm and determination. Competing against some of the best college teams, the squad showcased remarkable teamwork, agility, and strategic gameplay. The team is now focused on future tournaments, aiming for even greater success.

**"Strength, strategy, and spirit define champions—ZHDCE's  
Kabaddi team is ready to conquer greater heights!"**



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# BADMINTON

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Badminton has seen remarkable growth in Zakir Husain Delhi College (Evening), with students enthusiastically participating and bringing accolades to the institution. Among the standout performers is Arman Khan, whose dedication and skill have shone through in multiple tournaments. He proudly represented the college at the Inter-College Sports Meet organized by SRCC and secured an impressive third position in the competitive badminton event at Lady Shri Ram College. Further elevating the college's reputation, Arman also participated in the prestigious North Zone Badminton Competition, competing against top-tier talent from across the region. His journey reflects the rising spirit of sportsmanship and excellence in the college's badminton culture.

**Success in sports is not just measured by victories, but by the passion and perseverance shown on the court."**



# BASKETBALL

A thrilling University basketball match took place at Moti Lal Nehru College between Zakir Hussain Evening College, Delhi, and Shaheed Bhagat Singh College, Delhi. The game showcased great spirit and sportsmanship from both sides. The final score stood at 25-32 in favor of Shaheed Bhagat Singh College after a competitive and engaging match.

Zakir Hussain Evening College was led by their captain Hitesh Godara, who played with dedication and energy. His leadership on the court was commendable. The team consisted of players Tarun, Anuj, Gorwash, Diwakar, and Rajesh, all of whom gave their best effort throughout the game.

Among the standout performers, Tarun made a remarkable contribution by scoring 9 points, showing excellent shooting skills and court awareness. Captain Hitesh Godara also made a significant impact by scoring 8 points, including two three-point shots and one two-point shot. The team coordinated well and displayed great passing, defense, and hustle.

Despite their strong effort and teamwork, Zakir Hussain Evening College fell short by 7 points. The match remained intense until the last quarter, with both teams exchanging quick baskets and defensive plays.

The event was well-organized and drew a decent crowd, which added to the excitement. Overall, the match was a great display of young talent and highlighted the growing enthusiasm for basketball among college students in Delhi. Both teams deserve appreciation for their performance and spirit.





# ATHLETICS

Zakir Husain Delhi College Evening takes pride in its vibrant athletics culture, where students chase excellence with grit and grace. Athletics instills a winning mindset—rooted in discipline, fair play, and relentless effort. From the track to the field, athletes here compete with heart, honor, and a fierce sense of sportsmanship, proving that true victory lies in the courage to push beyond limits.

## Shotput

Shivam Arora, an exceptional athlete from ZHDCE College, has been making waves in the Delhi collegiate sports circuit with his remarkable performances in shot put. His consistent

excellence and dedication to the sport have earned him not just medals, but also the prestigious title of Best Athlete at multiple events. In AAHVAAN 2024, organized by Delhi Technological University, Shivam clinched the Bronze Medal in Shot Put and was honored as the Best Athlete of the meet. He followed this

with a stellar performance at SAMAGRA 2024 held at Delhi Metropolitan Education, where he bagged a Silver Medal and again secured the Best Athlete title. Continuing his impressive streak, Shivam won Silver at FOYS 2025 hosted by Shri Ram College of Commerce, and finally struck Gold at DBR Sports Meet 2025, held at Lady Shri Ram College, marking a proud moment for ZHDCE



## Discuss Throw



Once again, Shivam Arora of ZHDCE College has proven his mettle in the field of athletics, especially in discus throw, bringing pride to the college with his stellar performances throughout the year (1st April 2024 – 31st March 2025). At Delhi Technological University's Aahvaan 2024, Shivam clinched the silver medal in discus throw and was rightfully honored as the Best Athlete for his all-round

excellence. Continuing his remarkable form, he went on to win the bronze medal at Delhi Metropolitan Education's Samagra 2024 and once again took home the title of Best Athlete, showcasing his consistency and dedication to the sport. Shivam's achievements stand as a testament to his hard work, discipline, and unwavering passion for athletics, inspiring many upcoming athletes in the college.

**"With strength in his stride and fire in his throw, Shivam Arora steals the show!"**



# BOXING

Zakir Husain Delhi College Evening has a strong tradition in boxing, a sport that builds resilience, discipline, and true sportsmanship. In the ring, students learn to stay composed under pressure, respect their opponents, and push their limits with determination. Boxing at the college shapes not just athletes, but confident and focused individuals ready to face any challenge.



The boxing team of Zakir Husain Delhi College (Evening) delivered a commendable performance at the Intercollege Boxing Tournament organized by Delhi University at Dayal Singh College. The team featured *Sanjay*, *Anurag*, *Divyansh*, and *Abhishek*, each showing remarkable determination in the ring.

Sanjay stood out by securing a bronze medal in the 80–84 kg weight category, demonstrating strength, strategy, and perseverance. Anurag and Divyansh also impressed by reaching the quarterfinals, while Abhishek gained valuable competitive experience.

**"As a team, we entered the ring with courage, fought with heart, and walked out with pride — this is just the beginning."**



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# CHess

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R. Sanjay, a dedicated student from Zakir Hussain Delhi College (Evening), recently represented his college in the inter-college chess tournament held at Lady Shri Ram College. Displaying remarkable focus and sportsmanship, he played with a strong and determined mindset, even going head-to-head against a competitor in one of the most intense matches of the event. Despite his impressive performance and strategic gameplay, Sanjay couldn't qualify for the next round. However, his efforts and composure under pressure earned him appreciation from fellow participants and spectators alike.

**"Victory isn't always about winning the title—it's about showing up with courage, playing with heart, and leaving the board stronger than before."**



# JUDO

Meet Ankita, our powerhouse judo champ from Zakir Husain Delhi College (Evening), who's been making serious waves on the mat! In the Delhi University Inter-College Judo Tournament held at Mata Sundri College, Ankita fought fiercely and bagged a bronze medal with sheer determination and skill. Not Stopping there, she went on to repeat her success at Lady Shri Ram College, once again clinching another bronze!

**"Ankita fought with fire and grace, earning her well-deserved place!"**





# INTRA COLLEGE

Zakir Husain Delhi College (Evening) recently hosted on 5 and 6 March 2025 an exciting intra-college sports competition, bringing together students from all courses and years in a celebration of talent, teamwork, and determination. The event featured a vibrant mix of sports, including football, badminton, chess, carrom, table tennis, and cricket, with enthusiastic participation from both male and female students. The atmosphere was electric, filled with cheers, spirited competition, and displays of remarkable skill. More than just a contest, the event became a platform for students to showcase their passion, build confidence, and strengthen bonds beyond classrooms. It inspired many to embrace sports as a path to discipline, self-growth, and unity, reflecting the college's commitment to holistic development and inclusive excellence.







Intra



College











# Winners

## Badminton

MEN

Winners:- Arman , Rajesh

Runner up:- Yash Rajput, Kunal Nayak

Women

Winners:- Dhristi, Sneha Pandey

Runner up:- Suhani, Rishita



## Table Tennis

Winner :- Kanhav

Runner up:- Nida Fatima

Third: Abhishek

## Chess

Winner:- Aarav

Runner up:- Amaan



## Carrom

Winner:- R.Sanjay and Ayush (DeathStroke)

Runner up:- Swayam and Anshuman (Team Strikers)







# Winners

## Volleyball

Purvanchal  
Panthers



## Football

Real Madrid

## Cricket

Commerce Super  
King





# NAAC VISIT

A NAAC (National Assessment and Accreditation Council) peer team visited Zakir Husain Delhi College (Evening) on 11–12 February as part of the institutional assessment process. During their visit, the team took a keen interest in the college's sports facilities and interacted with student-athletes, appreciating the vibrant sports culture and the commitment to promoting physical education.

They were particularly impressed by the achievements of several medal-winning athletes, including R. Sanjay in boxing and Ankita in judo, whose dedication and performance reflect the college's emphasis on holistic development. The NAAC team commended the college's efforts in nurturing talent and fostering an environment that balances academics with athletic excellence.



**ZAKIR HUSAIN DELHI COLLEGE  
(EVENING)**

(UNIVERSITY OF DELHI)

JAWAHAR LAL NEHRU MARG  
NEW DELHI-110002

DEPARTMENT OF PHYSICAL  
EDUCATION AND SPORTS

**WELCOMES**

**NAAC PEER TEAM**

**11th & 12th February 2025**



# TEACHER'S SPORTS MEET

On the date of 25 and 26 March 2025 The Teachers and Non-teaching Staff's Sports Meet at Zakir Husain Delhi College (Evening) was a heartwarming and inspiring event that highlighted the spirit of enthusiasm and perseverance among the faculty. Participating in events like badminton, sprint, musical Chair and shot put, the teachers proved that passion for sports knows no age.

The matches of Cricket, Vollyball and Tug of War between teaching and Non-teaching Staff was full of energy, sportsmanship, and willingness to step out of their comfort zones served as a powerful example for students, showing that fitness, fun, and determination can be lifelong pursuits. The event not only fostered camaraderie among colleagues but also reinforced the message that age is just a number when it comes to chasing one's goals and staying active.







# Teacher's



# Sports



# Meet











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# CONCLUSION

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As we close this vibrant edition of the Zakir Husain Delhi Evening College Sports Magazine, we extend heartfelt gratitude to our Principal, the Sports Convenor, and the dedicated committee whose constant support and guidance empowered our athletes to shine. The unwavering dedication, discipline, and team spirit of our students turned every challenge into an opportunity, leading us to glorious victories in inter-college competitions. These achievements are not just milestones—they're stepping stones toward an even brighter, bolder future. With this spirit, we march ahead, ready to win more, dream bigger, and make our college proud!

**"Sweat plus sacrifice equals success."**

